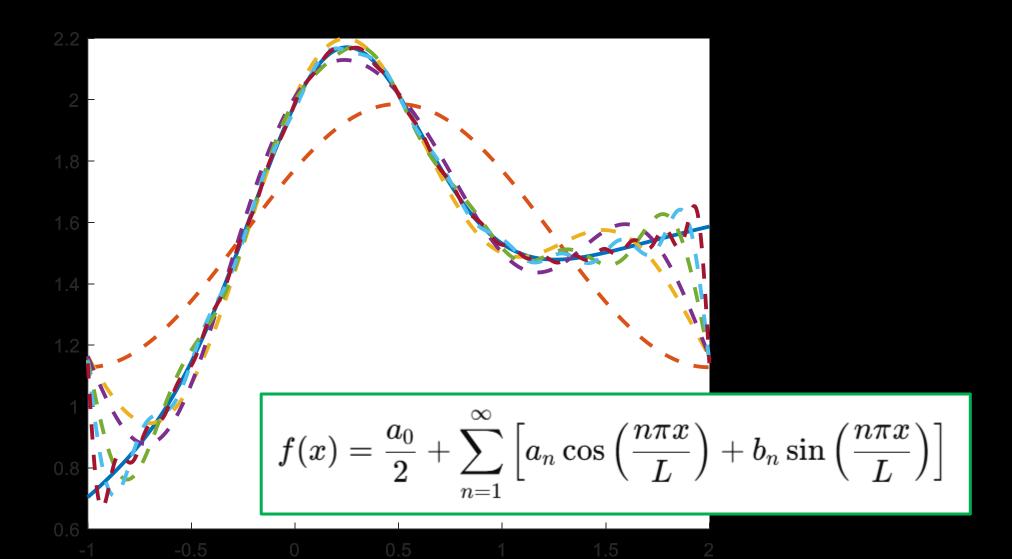
# Interwoven Threads: We Are the Story

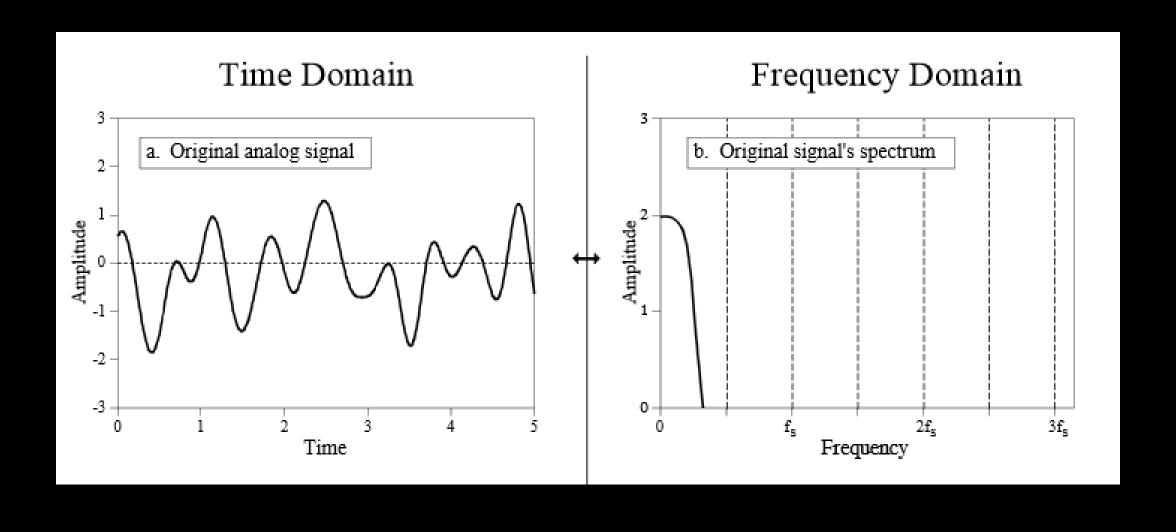
Jeffrey Dunne, Ph.D. President, ICRL

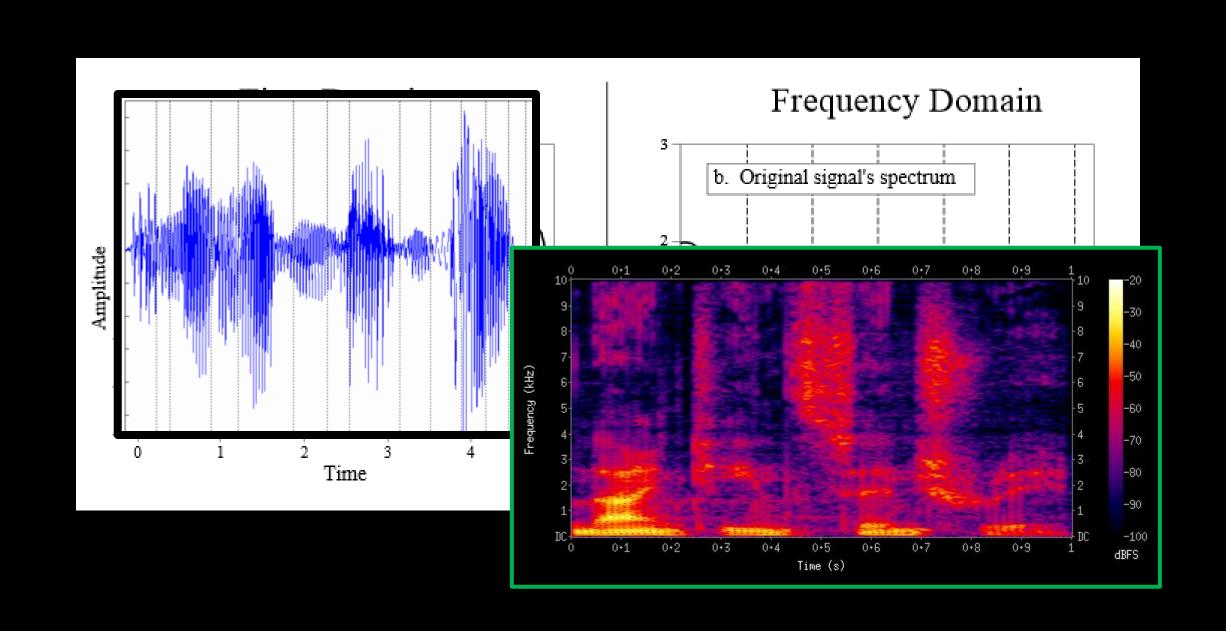




#### Fourier Transform







# Which Is It - Time or Frequency?

Energy - Particle or Wave?

Reality - Nouns or Verbs?

Is It a Thing or a Phenomenon?

# Time/Frequency the Only Tradeoff? So Many Transforms

Laplace

$$F(s) = \int_0^\infty f(t) \, e^{-st} \, dt$$

Hankel

$$H_n(k) = \int_0^\infty f(r) \, J_n(kr) \, r \, dr$$

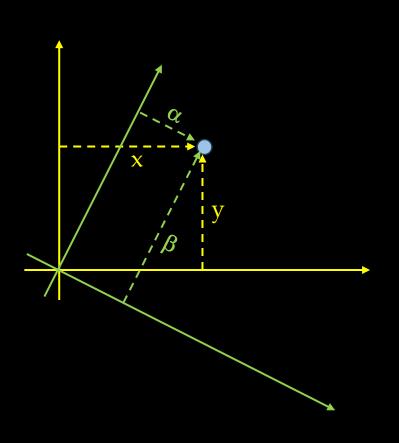
Legendre

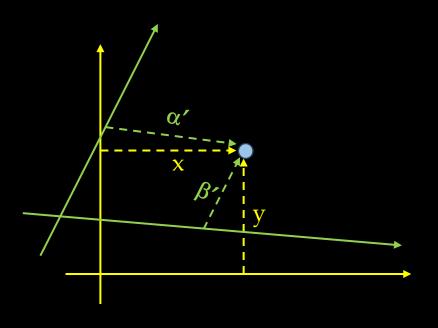
$$P_n(x)=rac{1}{2^n n!}\,rac{d^n}{dx^n}\left[(x^2-1)^n
ight]$$

Mellin

$$M(s) = \int_0^\infty x^{s-1} f(x) \, dx$$

### Basis Functions, Basis Vectors





# What's the Stories?

The chase?

Unrequited love?

The search for freedom?

Learning patience?

The hero's journey?



The power of faith?

The Trickster?

Tragedy?

Comedy?

Loss of innocence?

The pain of loss?

Taking flight?

The misunderstood villain?

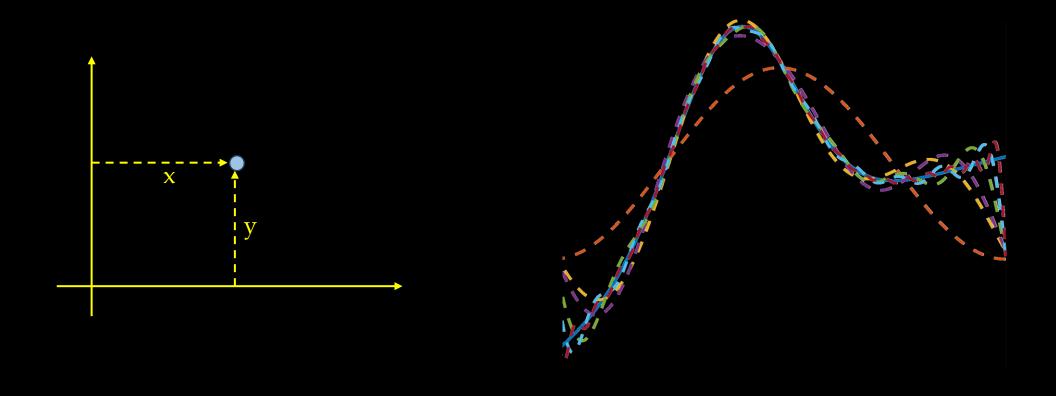
## Archetypes

# Archetypes as things

The Self, The Shadow, The Hero, The Sage, The Maiden...

Archetypes as stories

#### How Many 'Archetypes' Are Needed?



#### Wyrd People... What Are We?

A being as...

- ...a (linear?) combination of N archetypes
- ...whether viewed as entities or narratives.

But certainly not equally weighted!

What happens to us as we change our weights?

What happens to us as we change our weights?

When we differently embody archetypes, i.e. the bases of reality, we are different beings

$$P = \sum_{n=1}^{\infty} w_n A_n$$

What if we are equally all archetypes (i.e.  $w_n = 1$ )?

Nirvāṇa / Satori / Advaita / Oneness

We are all 'made' of the same stuff

We are all different facets of the 'divine'

#### So What?

A mechanism for...

...seeing our commonality (us in others and vice versa)

And especially in story archetypes...

...predicting the future

...learning about the nature reality

#### We Are Stories... We Are Story

Seeing ourselves as emergent intersections of infinite narratives (the 'nodes' manifesting where ∞ weft meets ∞ warp)

...but also...

We are a narrative

#### Elements of Narrative

A character on a journey who...
...faces and overcomes challenges
...grows through the process

We want to see...

...Character arcs

...Coherence

...Connection between internal/external conflict

...Symbolism

...Foreshadowing

#### Creation of Narrative

Define the "point" (the message/moral)

Determine the essence of the journey
...the beginning
...the ending
...the important inner landmarks

Lay out the connective touch points (between "past" and "future")

Start at the beginning and write in the details

#### We Are The Author

Free will...

The big picture: outside of time and space, to set the story The fine details: within the time and space "writing process"

Interconnectedness...
We are all writing... in collaboration
Our stories are intertwined (and not just humans)
The distinction between "I" and "not I" is... blurry

# Let Us Write Our Stories In Harmony